

# Coronavirus (Covid-19) Club Usage Update

20<sup>th</sup> July 2020

## Do

- wash your hands with soap and water often – do this for at least 20 seconds  
  
(as a minimum when you arrive at the venue and at the end of your session before departing)
- make use of the **several sanitisation points available**
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin straight away and wash your hands afterwards
- try to avoid close contact with people who are unwell
- consider wearing sports gloves whilst playing and then wash immediately afterwards
- refrain from physical contact during greetings, active celebrations and play
- follow the guidance on social distancing\*  
  
(<https://www.gov.uk/government/publications/covid-19-guidance-on-social-distancing-and-for-vulnerable-people>) (Hard copies available in the clubhouse)

## Don't

- attend the club if you, your children or members of your home are displaying any symptoms and [self-isolate](#) as per the government recommendations
- touch your eyes, nose or mouth if your hands are not clean
- put tissues or handkerchiefs in your pocket along with the tennis balls
- drink from the mugs and glasses in the kitchen, but rather the paper cups provided – dispose immediately after use
- don't bring or eat food at the club

For the latest club guidance please follow the website

<http://www.bathtc.co.uk/coronavirus-covid-19-updates/>

or speak with Andrew – 07823 321 993